

# ELEMENTARY SUMMARY TABLE

## THEMES AND LEARNING CONTENT FOR SEXUALITY EDUCATION (CCQ VERSION)

GRADE 1	GRADE 2	GRADE 3	GRADE 4	GRADE 5	GRADE 6
<b>INDIVIDUAL NEEDS</b> <b>COMPREHENSIVE VIEW OF SEXUALITY</b> <ul style="list-style-type: none"> <li>Knowledge and questions about sexuality, emotions and feelings</li> </ul>	<b>STEPS IN LIFE SINCE BIRTH</b> <b>PREGNANCY AND BIRTH</b> <ul style="list-style-type: none"> <li>Ways to become a parent</li> <li>Stages of pregnancy</li> <li>Welcoming a baby to the family</li> </ul>	<b>PERSONAL LIMITS</b> <b>SEXUAL ASSAULT PREVENTION</b> <ul style="list-style-type: none"> <li>Recognition of the different manifestations of sexual assault</li> <li>Safety rules</li> <li>Disclosure to an adult</li> </ul>	<b>CHANGES TO THE BODY</b> <ul style="list-style-type: none"> <li>The main changes associated with puberty</li> <li>Moving from childhood to adolescence</li> <li>Feelings about growing up</li> </ul>	<b>TRANSITION TO ADOLESCENCE</b> <b>PUBERTY</b> <ul style="list-style-type: none"> <li>Physical and psychological changes and the feelings they create</li> <li>Role of puberty in romantic and sexual awakening</li> <li>Sexual assault prevention</li> <li>Consent</li> <li>Virtual Contexts</li> <li>Disclosure to an adult</li> </ul>	<b>DIFFERENT AFFILIATIONS</b> <b>BODY IMAGE</b> <ul style="list-style-type: none"> <li>Norms related to the body</li> <li>Individual variations in body types and the rate of development</li> <li>Advantages of adopting a positive attitude towards ones body</li> </ul>
<b>INDIVIDUAL NEEDS</b> <b>NEEDS OF THE BODY</b> <p>Knowledge of own body and needs, appreciation for individual differences</p>	<b>CHARACTERISTICS OF EACH PERSON</b> <b>SEXUAL PARTS OF THE BODY</b> <ul style="list-style-type: none"> <li>Importance of using the correct terms for internal and external sexual parts</li> <li>Appreciation for differences in bodies</li> </ul>	<b>STEREOTYPES AND VIEW OF THE SELF</b> <b>STEREOTYPES RELATED TO SEX AND GENDER</b> <ul style="list-style-type: none"> <li>Stereotypes conveyed about femininity and masculinity</li> <li>Influence of friend group</li> <li>Values and personal preferences</li> </ul>	<b>FRIENDSHIPS AND LOVE</b> <ul style="list-style-type: none"> <li>Differences between camaraderie, friendship, love, and attraction</li> <li>Behaviours that make it easier or more difficult to get along with others</li> <li>Management of disagreements</li> </ul>	<b>DIMENSIONS OF PERSONAL IDENTITY</b> <b>SEX AND GENDER IDENTITY</b> <ul style="list-style-type: none"> <li>Self-esteem</li> <li>Expression of own identity</li> <li>Appreciation of aspects of own identity</li> </ul>	<b>RIGHTS AND FREEDOM</b> <b>RIGHTS AND DISCRIMINATION RELATED TO SEX AND GENDER</b> <ul style="list-style-type: none"> <li>Manifestation of sexism, homophobia, biphobia and transphobia</li> <li>Respect for diversity and differences</li> <li>Denunciation of discrimination and inequalities</li> </ul>
<b>INDIVIDUAL NEEDS</b> <b>SEXUAL ASSAULT PREVENTION</b> <ul style="list-style-type: none"> <li>Clues for recognizing situations of sexual assault</li> <li>Disclosure to an adult</li> </ul>	<b>ROLES AND RESPONSIBILITIES IN THE FAMILY AND AT SCHOOL</b> <b>SEX ROLES AND GENDER ROLES</b> <ul style="list-style-type: none"> <li>Different representations of girls and boys</li> <li>Respect for individual choices and differences</li> </ul>	<b>INCLUSION AND EXCLUSION</b> <b>GENDER NORMS</b> <ul style="list-style-type: none"> <li>Role of gender stereotypes in situations of inclusion and exclusion</li> <li>Effects of non-conformity, respect for differences</li> </ul>	<b>INFLUENCE OF THE GROUP</b> <b>INEQUALITIES BASED ON SEX AND GENDER</b> <ul style="list-style-type: none"> <li>Connections between stereotypes and inequalities based on gender and between sexes</li> </ul>		<b>REPRESENTATIONS OF THE SELF AND SOCIAL BEHAVIOURS ONLINE</b> <b>ONLINE SAFETY</b> <ul style="list-style-type: none"> <li>Sharing of the self, private and public life</li> <li>Differences between relationships online and offline</li> <li>elements that contribute to respectful interpersonal relationships online</li> <li>Safe online behaviours</li> </ul>
<b>RELATIONSHIPS IN THE FAMILY AND AT SCHOOL</b> <b>DIVERSITY OF FAMILY COMPOSITION</b> <ul style="list-style-type: none"> <li>Types of families</li> <li>Variety of feelings towards people in an individual's life</li> <li>expression of feelings based on person and context</li> </ul>					